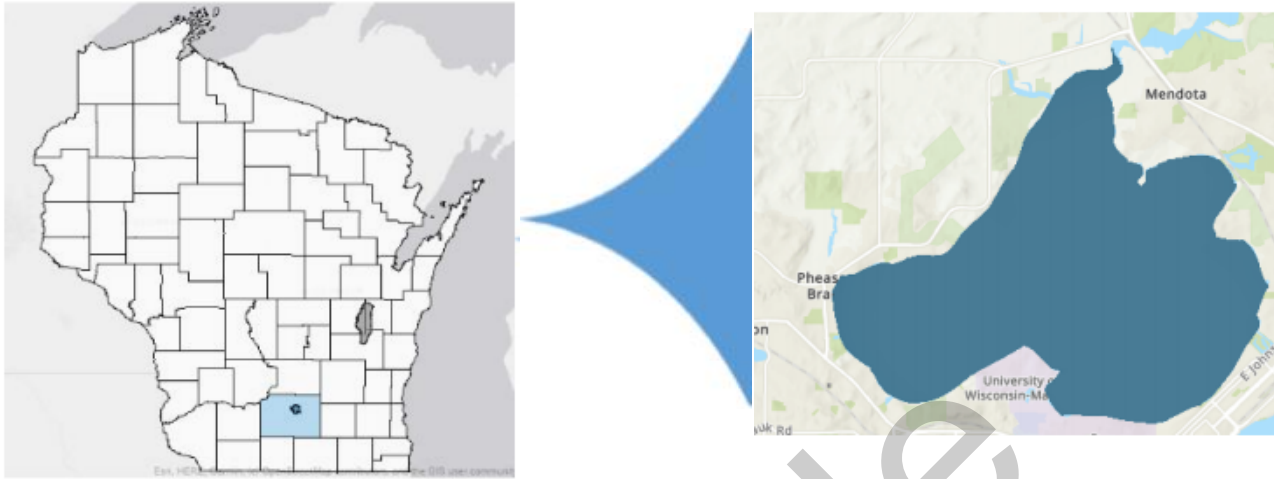


Recommended Body Mass Index for ZIP XXXXX

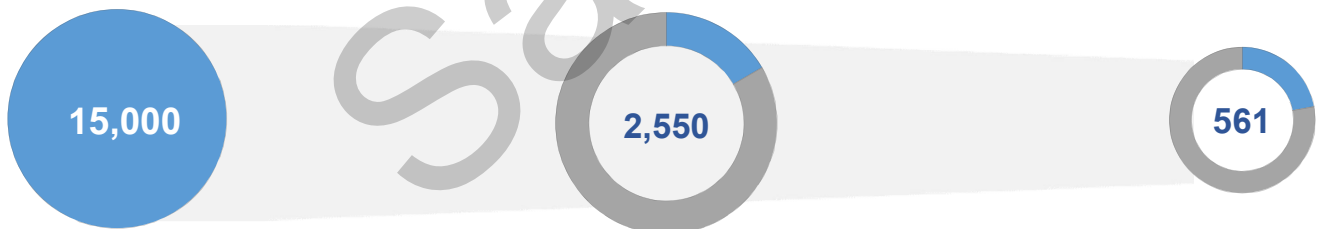
Confidential Report for Your Organization



How is recommended body mass index measured?

This measure reports the percentage of adults, aged 18-85 years, who receive primary care from a Wisconsin Collaborative for Healthcare Quality (WCHQ) member health system, and had at least one Body Mass Index (BMI) test within the 1-year measurement period and the most recent BMI measurement was normal; for 18-64 years: BMI greater than or equal to 18.5 and less than 25; 65 years and older: BMI greater than or equal to 23 and less than 30.

Who had a recommended body mass index?



15,000 people are estimated to live in this ZIP that are eligible for this measure.¹

2,550 (17%) of the 15,000 people estimated to live in this ZIP are in this report.

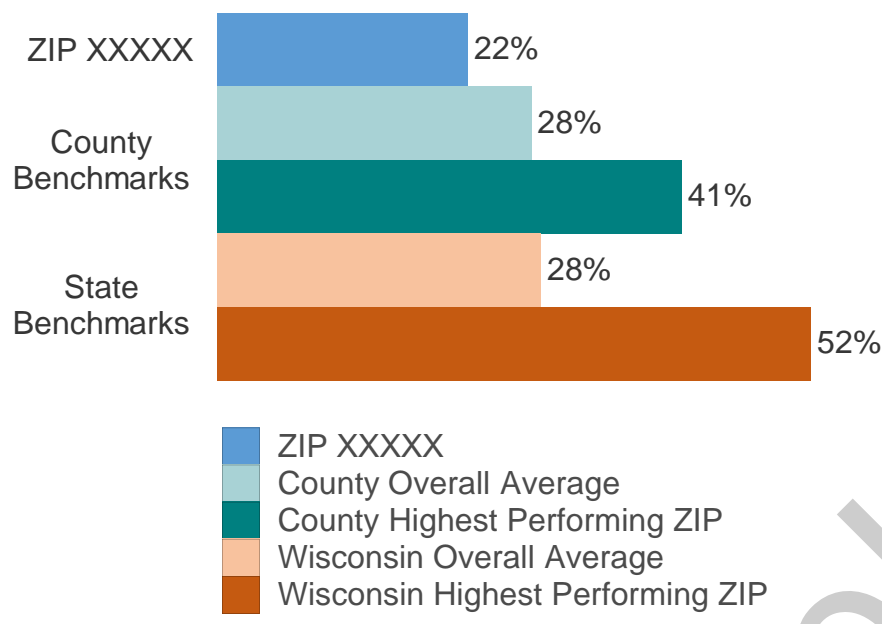
561(22%) of the 2,550 people in this report had a recommended body mass index as of Dec 2018.

Why does it matter?

Obesity is associated with an increased risk of heart disease, diabetes, various types of cancer, gallstones, and disability.²

Recommended Body Mass Index for ZIP XXXXX

How does this ZIP compare to others?



How has this measure changed over time?



Recommended Body Mass Index for ZIP XXXXX

Who lives in this ZIP?

Learning about the people who live in a neighborhood can help you understand the health needs of the community. This section provides information about the people included in this report and how they compare to overall population estimates from the American Community Survey (ACS). The most recent ACS population of this ZIP is 22,000.

% Female



Report
50%
ACS
53%

Females tend to live longer and have fewer chronic illnesses.

% Age 65 and Over



Report
26%
ACS
11%

Risk for many diseases increases with age.

% Uninsured



Report
1%
ACS
3%

Health insurance promotes improved health.

Race/Ethnicity



People from racial and ethnic minority groups may experience physical, economic & work, service, and social environments that lead to poorer health outcomes.

What else impacts health in this neighborhood?

The living conditions of a neighborhood shape health more than healthcare alone. To understand the causes of poor health in a ZIP, consider:

1. Have current or past policies reinforced systemic racism and/or income inequality in the neighborhood? Think across key sectors like business, education, and criminal justice.
2. Do all residents have a fair chance to make a livable wage?
3. Do all residents have access to safe, affordable housing?
4. Are all residents able to receive quality medical care? What barriers may be preventing this?
5. Do all residents have convenient access to nutritious food options?

For more questions to consider and information about social determinants of health, visit www.nhp.wisc.edu/action.

Recommended Body Mass Index for ZIP XXXXX

Where do the health system data come from?

The primary data source is the Wisconsin Collaborative for Healthcare Quality. Health system data may include duplicate patient records if a patient receives care from more than one system. As of the date of this report, participating health systems include:



References

¹Data from U.S. Census 2014-2018 American Community Survey 5-Year estimates are used to calculate population size, demographics, and report coverage.

²U.S. Preventive Services Task Force. Screening for and Management of Obesity in Adults: Recommendation Statement. Am Fam Physician. 2012 Nov 15;86(10):online.

Supplemental Materials

For more information on the data used in this report, visit www.nhp.wisc.edu/data.

Citation

University of Wisconsin ICTR Neighborhood Health Partnerships Program and Wisconsin Collaborative for Healthcare Quality. Neighborhood Health Report for Recommended Body Mass Index for ZIP XXXXX as of December 2018, April 2022.

Note

This report is for use only by the requester and their partners in efforts to improve neighborhood health. Do not post or distribute publicly without written permission from the NHP program. For questions, support, or more information, contact nhp@hip.wisc.edu.

Data from:



Data support from:



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Recommended Body Mass Index for ZIP XXXXX

Is there anything else I should know about the data in this report?

There are no known issues with missing health system data in this report.

If you have questions, please contact nhp@hip.wisc.edu.

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